

PHENOL PEELING

Instructions for Patients

Before the procedure:

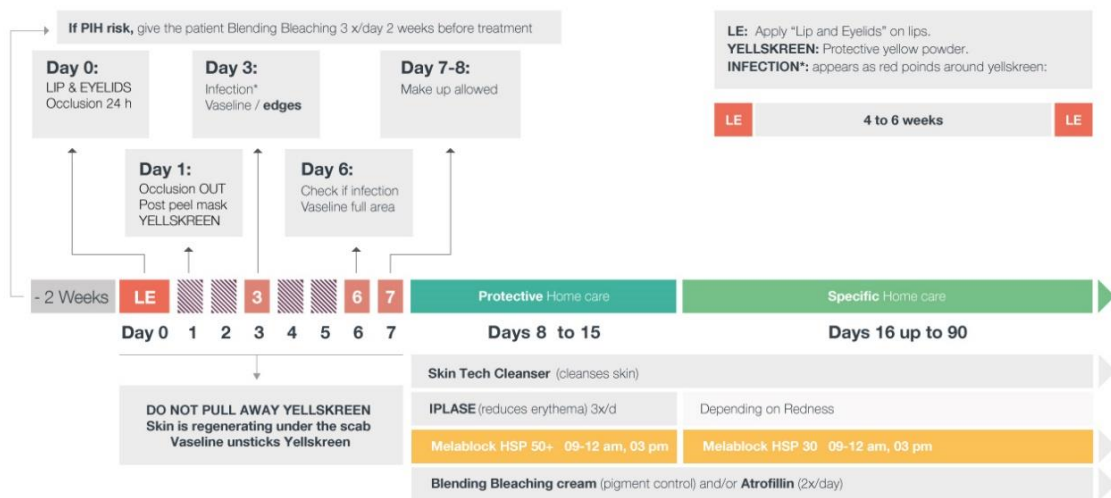
- It's recommended to stop smoking 1 month before the procedure.
- Please do not eat or drink starting from the midnight before the procedure in case of general anaesthesia.
- 3 days prior to the procedure, it's compulsory to start a treatment for herpes (Acyclovir): 5x 800mg daily. We will provide the necessary prescriptions.
- On the day of the procedure it's recommended not to wear make-up or nail polish and to avoid applying day cream.
- The day of the procedure, it's recommended not to wear contact lenses.
- The day of the procedure, it's recommended not to wear jewellery/piercings. We also ask you to wear a shirt or sweater with a zipper or with buttons so garments do not need to be pulled over the head after the procedure.

After the procedure:

- After the procedure you will be prohibited from driving a vehicle for 24 hours.
- If you experience pain it's recommended to use Dafalgan (paracetamol) ; take 1 tablet (1g) 4 times daily. Also antibiotics (Amoxiclav 875/125mg) need to be taken 2 tablets a day and this during 10 days.
- Please sleep in semi-seated position and do not place your face, which was treated, on the pillow.
- The day after your peeling you will come back for a follow-up in order to remove the tape and to apply the next mask with powder.
- The second post-operative day we will be expecting you for a check-up of the powder mask. From then onwards we will give you new appointments for a 2 week period in order to ensure thorough follow-up.
- A sensation of discomfort/skin tightness/itching may occur. It's strictly forbidden to remove the mask or to remove the scabs.
- You must continue the herpes treatment (Acyclovir) 3 days after the surgery 5x800mg daily.
- Swelling will be noticeable for about a week but will fade away gradually.
- You are prohibited from washing your face the first week after the procedure. Our medical team will take it on themselves to wash your face for the first time.
- Prepare liquid meals for the first post-operative days (soups/shakes/puree).
- Avoid sun-exposure the first weeks after the procedure. For a minimum-period of 1 year you will be required to apply factor-50+ sunscreen.
- Please do not wear make-up on the treated area for at least 3 weeks.

Day 1 post-op	Fitting mask and applying powder at Beclinic	Take pain-meds every 4 hours in case of pain.
Day 2 post-op	Follow-up of mask re-fitting	
Day 3-5 post-op	Applying Vaseline around the treated area	
Day 6-10 post-op	Applying Vaseline on the treated area	
Day 10 post-op	Washing the face at Beclinic	
Day -...	Applying cicalfate by Avene laboratories	
ELOCOM cream (in case of redness)	After check-up with Beclinic	Maximum use of 5-7 days.

Full face deep phenol peeling (Lip and Eyelids formula)



Do not hesitate to contact our medical team in case you have questions or doubts. We will remain at your disposal to assist you by phone or to meet you personally for a check-up.

We'd like to see you back for all after care in our Beclinic. A check-up is indicated after 72hours, 14 days and 8-10 weeks after surgery. You may book your check-up appointment(s) at our secretariat. For all In case of further questions, please email webinfo@beclinic.com or call our secretaries at +323099000 or on our free whatsapp number +32 (0) 477 322 000

After the operation, you will receive a personalised letter from us with important information that applies specifically to you. These may differ from the guidelines in this letter.