

## Laser Treatment

### Patient instructions

#### Before the procedure:

- It's recommended to stop smoking a month before the procedure.
- Please refrain from eating or drinking 6 hours before the procedure in case of general anaesthesia.
- **3 days prior to the procedure, it's compulsory to start a treatment for herpes (Acyclovir): 5x 800mg. We will provide the necessary prescriptions.**
- The day of the procedure, it's recommended **not to wear make-up** or nail polish and to avoid applying day cream.
- The day of the procedure, it's recommended not to wear contact lenses.
- The day of the procedure, it's recommended not to wear **jewellery/piercings**. We also ask you to wear a shirt or sweater with a zipper or with buttons so garments do not need to be pulled over the head after the procedure.

#### After the procedure:

- After the procedure you will be prohibited from driving a vehicle for 24 hours.
- If you experience pain it's recommended to use Dafalgan (paracetamol) ; take 1 tablet (1g) 4 times daily.
- Also **antibiotics (Amoxiclav 875/125mg)** needs to be taken 2 tablets a day and this during 10 days.
- Please sleep in semi-seated position and do not place your face, which was treated, on the pillow.
- The day after your laser you will come back for a follow-up.
- The following post-operative days: From then onwards we will give you new appointments for a 2 week period in order to ensure thorough follow-up.
- A sensation of discomfort/skin tightness/itching may occur. It's strictly forbidden to remove the mask or to remove the scabs.
- **A 5- day continuation of the herpes (Acyclovir) treatment is compulsory.**
- Swelling will be noticeable for about a week but will subsequently fade away.
- You are prohibited from washing your face the first week after the procedure. Our medical team will take it on themselves to wash your face for the first time.
- Prepare liquid meals for the first post-operative days (soups/shakes/puree).
- Avoid sun-exposure the first months after the procedure. For a minimum-period of 1 year, you will be required to apply factor-50 sunscreen.
- It is recommended not to wear makeup for the first 3 weeks after treatment.
- **After the operation, you will receive a personalised letter from us with important information that applies specifically to you. These may differ from the guidelines in this letter.**

We'd like to see you back for all after care in our Beclinic. A check-up is indicated after 72hours, 14 days and 8-10 weeks after surgery. You may book your check-up appointment(s) at our secretariat. For all In case of further questions, please email [webinfo@beclinic.com](mailto:webinfo@beclinic.com) or call our secretaries at +323099000 or on our free whatsapp number +32 (0) 477 322 000