



Instructions for patients

Before the Intervention

- Taking Aspirin or anti-inflammatory medication is forbidden for ten days before the intervention;
- You are advised to take 3 x 2 “Traumeel” tablets for three days before the intervention, in order to reduce the appearance of bruising. The Traumeel must be taken on an empty stomach.
- On the day of the operation, you are advised not to wear make-up or nail varnish, nor to use day cream.
- On the day of the operation, you are advised not to wear contact lenses.
- On the day of the operation, you are advised not to wear any jewellery.

After the Intervention

- The bandage applied just after the operation can be taken off on the day after the intervention.
- You are advised to take 3 x 2 “Traumeel” tablets for five days after the intervention, in order to reduce the appearance of bruising.
- You are advised to take Dafalgan (Paracetamol) at a rate of 1gr four times a day, alternating with Ibuprofen 600mg, twice a day. In the event of strong pain, other painkillers could be prescribed for you.
- Antibiotics will be prescribed for you and must be taken twice a day.
- In order to reduce the oedema and the bruises, cold compresses should be applied to the mouth, always avoiding direct contact between the skin and the ice ;
- You are advised not to do any sport for four weeks after the intervention.

QUESTIONS?

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